



December 9, 2022 - Edition #566

*A foggy day at the docks in Weirs Beach
(photo compliments of Harbor Lane Photography)*

**The Transfer Station and Brush Dump
will be closed on Saturday, December 24
and Saturday, December 31 so that our
employees can enjoy the holidays with
their families.**

**The Transfer Station will re-open on
Monday, December 26 and Monday,
January 2 following the holidays.**

**Questions? Please call Public Works
at 603-528-6379.**

Welcome to Laconia Links!

We hope you enjoy this issue of our weekly e-mail newsletter created to keep you up to date on City of Laconia news and activities. If you would like the newsletter sent to your email each Friday, or if you have changes to your email subscription, please call the City Manager's office at (603) 527-1270 or email us at info@laconianh.gov.



35th Annual Debra Bieniarz Award

**DEADLINE
TODAY!**



This award is presented annually by the Laconia City Council to a resident of the City based on his/her outstanding service to the youth of the community. This award was established 35 years ago in memory of Police Officer Debra Bieniarz who served the City and its youth with devotion, dedication and distinction.

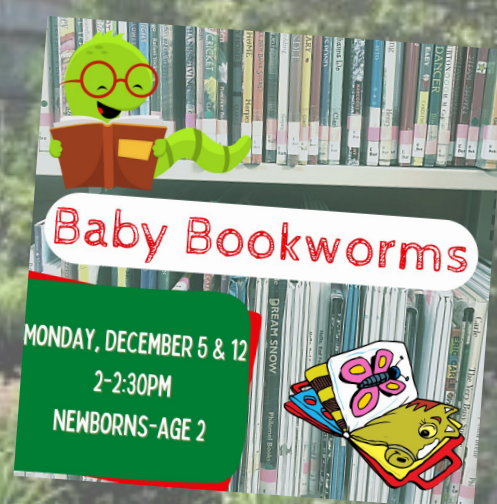
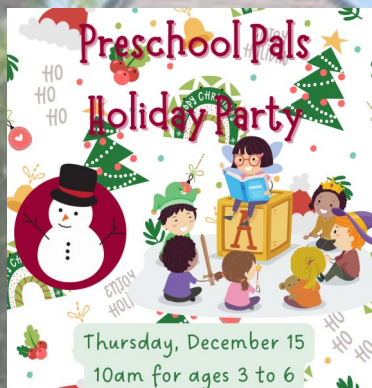
Written nominations will be accepted until 4:30 p.m., Friday, December 9, 2022. Please send nominations to the City Manager's Office, City of Laconia, 45 Beacon St. East, Laconia, NH 03246. Nominations may also be e-mailed to NBrown@laconianh.gov. There is no nomination form to fill out, please just use your own words to describe what makes your nominee special to our community and its younger generation, and why they should be considered for this year's award. Please call (603) 527-1270 if you have any questions.

Click on the image of any program you're interested in for more information!

SHAYLA'S TECH HELP

Tuesdays at 10am
Wednesdays at 2pm

Have your basic computer and electronic device questions answered by a librarian. Most Tuesdays at 10 am and most Wednesdays at 2 pm, in the Volpe Room; check our event calendar to confirm dates.





Laconia: Cold Weather, Low-Barrier Homeless Shelter

Open: Dec 1 - April 1, 2023
7pm - 8am

- Open during significant weather conditions
- Capacity: Up to 30
- Lakes Region Mental Health Center to manage staffing & operations

Contact for
more info

603-524-1100

klegsadin@lrmhc.org

The City of Laconia will have a low-barrier cold weather shelter to offer safety to those who are experiencing homelessness. The initiative is a result of public concern about the growing homelessness issue, and the work of Laconia's Homelessness Task Force led by Mayor Andrew Hosmer, and recent community-wide discussions led by Laconia Police Detective Eric Adams and Navigating Recovery's Daisy Pierce.

The shelter will be open during significant or extreme weather conditions and will have capacity to house up to 30 people between the hours of 7pm to 8am, from December 1st, 2022 through April 1st, 2023.

This effort is possible through funding from the Department of Health and Human Services (DHHS) Homeless Assistance and Prevention, and the collaborative efforts of several community nonprofit partners: City officials, the Laconia Police Department, Navigating Recovery, the Partnership for Public Health, and Isaiah's Café. Lakes Region Mental Health Center (LRMHC) will manage staffing and operations of the shelter, because of their successful history managing one of the state's two COVID shelters for the homeless during the pandemic. LRMHC has hired a shelter manager and will begin recruiting shelter workers to staff the facility. LMRHC has enjoyed a lengthy partnership with DHHS with contracts for services since it's incorporation in 1966.

For more information contact LRMHC at 603-524-1100 or email klegsadin@lrmhc.org

PROPERTY TAX BILLS WERE MAILED 11/28/22!



'TIS the season for Property Taxes!

Tax bills were mailed on November 28, 2022 and are due December 28, 2022. The 2022 tax rate was set at \$14.85 per thousand; this is a decrease of \$4.01 from the 2021 rate of \$18.86 per thousand.

Your July 2022 tax bills reflect half of the 2021 tax rate of \$9.43. Tax bills are calculated as follows: The July installment is $\frac{1}{2}$ of the previous year's rate total, multiplied by your previous year's assessed value. The December installment is the new rate (which is determined by the NH Department of Revenue), multiplied by your updated assessed value to get your total tax for the year. We then minus out the July installment and you pay the difference. The Assessing Office has until the December billing to finalize your assessments for the tax year.

Questions about your assessed value should be directed to the Assessing Office at 603-527-1268. Questions about payments should be directed to the Tax Office at 603-527-1269.

Payment options are: In-person, the drop box on the side of City Hall, through the mail at PO Box 489, Laconia, NH 03247, over the phone at 1-855-906-0411 or online at www.laconianh.gov

Please note there is a fee of 2.79 % for all credit/debit card transactions and a \$0.95 fee for all ACH transactions online.

Art Exhibit at the Belknap Mill in Celebration of Martin Luther King Jr. in January 2023




Calling All Artists:

Every year the Laconia Human Relations Committee (LHRC) holds a celebration of Dr. King on the day before his annual birthday celebration. His life is a rich tapestry that still overlays our society including non-violent protests and eloquent speeches ("I have a dream", etc.). His was an iconic life of struggle with desegregation, unionization, housing, antiwar and poverty in America.

This year the Human Relations Committee, with the help of the Belknap Mill and Elaine Morrison, are planning a special celebration of Dr. Martin Luther King Jr. which will be expressed through display of art. There will be a month-long exhibit in the Mill's Riverside Gallery. In addition, there will be an afternoon on Sunday, January 15th when selected artists will have an opportunity to talk about their pieces.

- Theme: The life and/or work of Martin Luther King Jr.
- Originality: Your submission must be your original work. The work must be inspiration of the life and/or work of Dr. King.
- Required: Artist statement about how their piece reflects some aspect of the life and work of Martin Luther King, Jr. A framed work is preferable, but if the cost of preparation to make it suitable for framing is an issue, we will find a way to help you defray the cost.
- A statement of intent and short artist bio must be received, including medium proposed as well as overall size. Each proposal will be reviewed and acted upon as soon as they are received, so don't wait.
- Inclusion of the work is not guaranteed and is at the sole discretion of the exhibitors.
- If you receive the go-ahead based on your statement of intent, your work must be received by Dec. 26th .
- The show will run from January 2nd through January 30th in the Riverside Room.
- The Art Exhibit is open to artists of all ages from the Lakes Region and students in Laconia School District.

MLK Exhibit Intent



Participate Today at
granitevna.org/lights



Hospice Lights of Life
&
Tree of Memories
are now **Lights, Life
and Memories**

Lights, Life and Memories, a combination of Central New Hampshire VNA & Hospice's Tree of Memories and Concord Regional VNA's Lights of Life, honors and remembers those in our community who have died.

Celebrating hospice services & remembering loved ones

We invite you to participate in one or both traditions by submitting the name(s) of your loved one(s) on the online Honor Roll and/or on a porcelain dove to be placed on an evergreen tree at one of our Lights, Life and Memories locations.

The Lights, Life and Memories ceremonies will be held on Saturday, December 10 at 11 a.m. Prior to the ceremonies, doves will be placed on trees in Alton, Concord, Meredith, Wakefield, and Wolfeboro. Visit granitevna.org/lights for ceremony and tree locations.





**Curbside recycling will be
picked up the week of
December 19!**





Common Medicare Fraud Schemes

- Ambulance
- COVID-19
- Durable Medical Equipment (DME)
- Genetic Testing
- Home Health Care
- Hospice
- Medical Identity Theft
- Medicare Marketing Violations and Enrollment
- Nursing Home Care
- Outpatient Mental Health Care
- Pharmacy and Prescription Drug



- Prevent
- Detect
- Report

877.808.2468

SMPRESOURCE.ORG
SUPPORTED BY GRANT # 90MPRC0002 FROM ACL



Lakes Region Scholarship Foundation was pleased to sponsor a Christmas Tree in Rotary Park in Downtown Laconia for Celebrate Laconia's 3rd Annual Laconia Lights Festival!

LRSF Board members (l to r): Trustee Judy Ball, President Joan Frates and Treasurer James Waldron took some time out to help decorate our tree!



The New Horizons Band of the Lakes Region is proud to present their 2022 Holiday Concert Series. Come out and enjoy holiday music!

The band will be playing music from holiday movies, big band arrangements and traditional classical and carols of Christmas. You'll even have an opportunity to sing those traditional carols with a full band accompaniment. Special guests include the Taylor Community Chorus. Conductor Debbi Gibson is excited to lead the musicians in this opportunity to bring holiday cheer to you.

Our Laconia Concert is generously sponsored by the Laconia Putnam Fund and will be held in the multipurpose room of the Laconia Middle School. Join us, won't you?



Our Concert Dates:

Tues. Dec. 6th, 7 pm, Laconia Middle School
Tues. Dec. 13th, 6:30 pm, Tilton Veterans Home
Wed. Dec. 14th, 6:30 pm, Taylor Community
Sat. Dec. 17th, 2:00 pm, Gilford Community Church



Light up the Belknap Mill for the Holidays

Celebrate a memory, a special event or a special person by giving a gift of light. Purchase your light beginning 11/1 and help light up the Belknap Mill.

All proceeds support the Belknap Mill's Programming.

GLOWING

\$25.00

** 1 Candle Light*

SHIMMERING

\$75.00

** 4 Candle Lights*

SPARKLING

\$125.00

** 8 Candle Lights*

ILLUMINATING

\$250.00

** 1 Floor of Candle Lights*

** All levels include acknowledgment in the Laconia Daily Sun, on the Belknap Mill's social media, a personalized recognition card to the recipient of your choice.*



December Calendar 2022

"One Peer To Another"

"One Peer to Another" is a non-profit agency funded through DHHS. To learn more about this free support for those individuals 18 years and older who are seeking wellness, please call 603-528-7742.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 9am Check-in 10am Ted Talk 11am Moving Towards 1pm Walk & Talk 2pm Boundaries 3pm Current Events/ World View	2 9am Check-in 10am Arts & Crafts 11am I.P.S Topics 1pm Christmas Budget 2pm Making Better Choices 3pm Self Awareness
5 9am Check-in 10am Journaling 11am Stress Management 12 Self Reflection 2pm Youtube Karaoke 3pm Reaching Goals	6 9am Open talk/ check-in 10 am Meditation 11am Worldview 1pm W.R.A.P 2:30pm Wow Trail w/ Miranda Lakeport Side	7 9am Check-in 10am How am I/You 11am Establishing Boundaries 1pm Sit & Stretch 2pm Holiday Blues / Coping 3pm Walk & Talk	8 9am Open Discussion 10am Holiday Cooking Hacks 11am Frowns Upside Down 12pm Music Therapy 1pm Budget Gifts Christmas List 3pm Deep Breathing	9 9am Check-in 10am Coping Skills 11am Identifying Stressors 1230pm I feel, I need, I want 2pm Emotional Wellbeing 3pm Peer to Peer / Networking
12 9am Check-in 10am Ted Talk 11am Moving Towards 1pm Walk & Talk 3pm LifeStyle Hacks	13 9am Open Talk 10 am Meditation 11am Worldview 1pm Wow Trail w/ Miranda 2:30pm Strategies to Cope	14 9am Open Discussion 10am Holiday Cooking Hacks 11am Frowns Upside Down 12pm Music Therapy 1pm Budget Gifts 2pm Christmas List	15 Christmas Shopping Walmart Salvation Army St. Vincent De Paul 10am-12pm	16 9am Check-in 10am Coping Skills 11am Wants & Needs 12pm Peer Discussion 1pm Dealing w/ Depression 2pm Penny Saved \$ Earned 3pm Self Reflection
19 9am Check-in 10am Meditation 11am Music Jam 12 Decision Making 1pm Budget Meals 2pm Worldview	20 9am Check-in 10am Coping Skills 11am Wants & Needs 12pm Peer Discussion 1pm Dealing w/ Depression 2pm Penny Saved \$ Earned 3pm Self Reflection	21 9am Check-in 10am Worldview 11am Goals 12 Healthy Choices 1pm Xmas Movie! 3pm Open Discussion	22 9am Check-in 10am How am I/You 11am Establishing Boundaries 1pm Sit & Stretch 2pm Holiday Blues 3pm Walk & Talk	23 MERRY CHRISTMAS! CLOSED
26 9am Check-in 10am Holiday Recap 12pm I feel, I need, I want 2pm Journaling 3pm Positive Thinking	27 9am Check-in 10am Making Connections 11am Self Advocacy 12pm Notes/Goals 1pm Emotional Meter 2pm W.O.W trail Members Volunteer	28 9am Check-in 10am Ted Talk 11am Moving towards 1pm Emotional Well-being 2pm Sit & Stretch 3pm Self Reflection	29 9am Check-in 10am Coping Skills 11am Wants & Needs 12pm Peer Discussion 1pm Dealing w/ Depression 2pm Penny Saved \$ Earned	30 9am Check-in 10am How am I feeling? 11am Identifying Stressors 12pm Worldview 1pm New Year Resolutions 2pm Limits & Boundaries

Laconia Office 328 Union Ave. Laconia, NH 03246 (Across the street from Laconia High School)

Stars & Starry Nights at the Mill Friday, December 30th



Indoor Planetarium 4pm- 6pm
Shows every 30 minutes.
Select a time at: www.belknapmill.org

Thank you to our event sponsor Rogue Space Systems, this event is **FREE** for families!



Star gazing with a telescope 7pm-8pm in Rotary Park

Proudly sponsored by:

ROGUE
SPACE SYSTEMS CORPORATION





CALL TO ACTION

Business Forum to Help Address Homelessness in Laconia

Come lend your voice to help the City of Laconia create a strategic plan to address housing instability and homelessness.

Tuesday, December 13th
6-8pm
Belknap Mill, 3rd Floor
25 Beacon Street East

We want to hear from you!

We know that this issue has had a huge impact on your businesses in many ways. We hope that you can take the time to share your concerns, ideas, and be part of the solution! For more information, or if you have questions, please call (603) 832-8323.



Holiday Hacks!

FREE online workshops!

Tuesday December 13th on Zoom from 6 to 7 pm

Come learn some money-saving tips and tricks from a UNH Dietetic Intern and food safety from our own Chef Instructor Paul Morrison!

Sign up on:
www.nhfoodbank.org/cookingmatters



3 Attendees will be entered to win a \$50 Shaw's grocery gift card!



Our yesterdays

Our sincere thanks to Warren D. Huse, the Laconia Historical and Museum Society, and the Laconia Daily Sun for providing a glimpse into our community's past.....



THEN ...

Tobey's Chicken at 89 Lake St., Gilford, was a forerunner locally, in the late 1970s, some years before Col. Sanders' Kentucky Fried Chicken arrived in the area. (Laconia Historical and Museum Society)



... AND NOW

In the 1990s, the building became Oriental Gardens and, in the 2000s, was renamed the China Bistro, both businesses owned and operated by Lin Bi, but which closed earlier this year. Over time, the structure expanded from the original building, seen here at left with the lower green roof line, to almost four times its original size. (Jon Decker/The Laconia Daily Sun)



Soft Plastic Recycling

On Saturday, December 10th, from 11am-1pm, the Laconia -Gilford Lions Club, along with the Green Sanctuary and Social Justice Committees of the Unitarian Universalist Society of Laconia, are holding the next collection of soft plastics.

We are also collecting pop-top canned goods for distribution to local food pantries.

Soft clean plastics are accepted. Blue and white Amazon bags are accepted, as well as pellet bags and brand new from factory mattress plastic coverings. No crunchy snack bags. No pet food bags. No boat storage covers. Any attached paper on bags needs to be cut off.

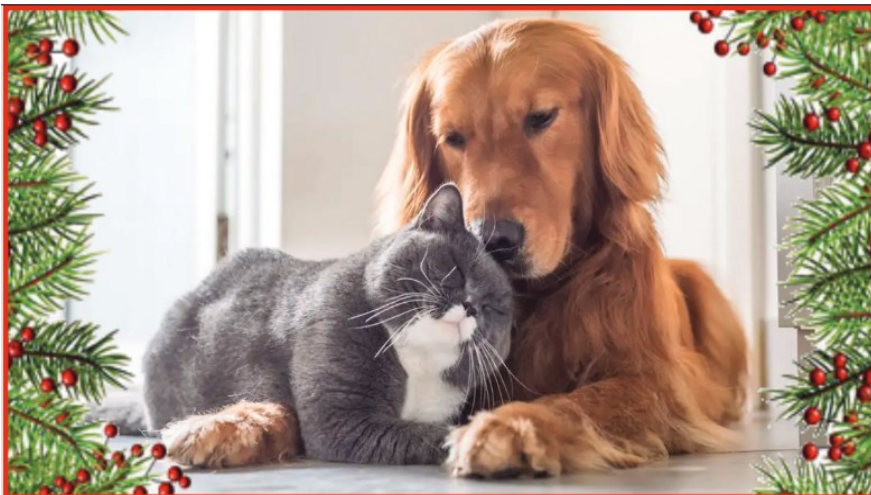
Our community is to be complimented for keeping these plastics out of landfills where they end up being burned, polluting the air we and every living thing breathes.

Take one big smiling breath when you bring what you have saved to the curb, along with a pop-top canned good or two, to the little white church at 172 Pleasant St., Laconia.

Our volunteers will be out front to assist you. Should you have any questions, you may email theandrews@verizon.net, call the church office at 603-524-6488 or check our Facebook page.



UNITARIAN UNIVERSALIST
SOCIETY OF LACONIA



Give the Gift of Love This Holiday Season

Make a donation to the New Hampshire Humane Society in someone's honor or in memory of a loved one.

Your gift donation helps us provide vaccinations and medical services for abandoned, neglected and abused animals, maintain our low cost spay/neuter program, provide complete care for dogs and cats awaiting adoption and more.



Donate Today by visiting our website

nhhumane.org/donate

or donate through Venmo @NHHumane

1305 Meredith Center Rd. | Meredith, NH 03253 | 603-524-3252

BORED TEACHERS WE CAN'T MAKE THIS STUFF UP!

COMEDY TOUR

IN LACONIA, NH

FEBRUARY

17 AT 7PM

COLONIAL THEATRE
Laconia

COLONIAL THEATRE
609 MAIN STREET, LACONIA, NH 03246



Public Events at Taylor Community - Laconia, NH

All events are free and open to the public



Lakes Region String Quartet

Thursday, December 22nd at 6:30pm

The Lakes Region String Quartet was formed in early 2015, when the principal string players of the Lakes Region Symphony were asked to prepare a piece to perform for the spring concert program. Since then we have played in many concerts and special events such as weddings, company events, memorial celebrations, and services. Although the New Hampshire Lakes Region brought us together – we literally come from all over the world. We are performing across Maine, New Hampshire, and Vermont. **This event is free and open to the public and will be held at Woodside beginning at 6:30 p.m.**

Jane O'Neil - Heroes and Homecomings:

Norman Rockwell & World War II

Monday, December 12th at 6:30 p.m.

America's most beloved illustrator created dozens of images related to the second World War. What happens when an artist known for his use of humor tackles the serious subject of war? This program explores how Norman Rockwell's work departs from earlier artistic interpretations of American conflicts and considers how and why he chose specific wartime themes to present to the millions of readers of the Saturday Evening Post. This program is available as in-person or online presentation. **This event is free and open to the public and will be held at Woodside beginning at 6:30 p.m.**



taylorcommunity.org

A not-for-profit 501(c)(3) organization

**FOR MORE INFORMATION
ON TAYLOR COMMUNITY
PLEASE CALL US AT
(603) 366-1200**



In order for City Hall employees to attend their annual Christmas luncheon, City Hall will be closed during the lunch hour on Friday, December 16, 2022 from 11:30 a.m. - 1:30 p.m.

We apologize for any inconvenience.

LRSO LAKES REGION SYMPHONY ORCHESTRA
Benjamin Greene, Conductor

Holiday Concerts

"Christmas with the Crooners"
Carols and Favorites by Sinatra, Crosby, Williams, Groban...

Saturday December 10, 7pm
Colonial Theatre, Laconia
Sunday December 11, 3pm
Inter-Lakes Auditorium, Meredith

Tickets \$10 - \$30
www.LRSO.org

featuring vocalist
Michael Gallagan

Sponsored by

Hope Ministries - First United Methodist Church
Rte. 11A Gilford

FREE CHRISTMAS DINNER SUNDAY, DECEMBER 25TH

Ham Dinner & all the extras!
Homemade Desserts

MUSIC & SNACKS AT 12:30 PM

DINNER AT 1:00 PM

Reservations Are Required
Call (603) 524-3289 by Friday, Dec. 16th

Leave your name & number of people in your party and we will see you on the 25th!

VOLUNTEERS needed for serving and clean-up on the 25th.

Please call Carol at (603) 455-9455 and leave your name and phone number.

(Volunteers must call in advance.)

BELKNAP MILL
1825-2025

The Belknap Mill will be closed December 24th- December 31st for the holidays!

LACONIA KIWANIS **KRONIKLE ONLINE**

Steve Loughlin, a Director at the Kiwanis Club of Laconia, NH, produces a monthly newsletter for the Club, "Laconia Kiwanis Kronikle".

To read the most recent issue and see what our local chapter of Kiwanis is up to, click [here](#).
Past issues of the Kronikle can be found [here](#).



In Service to One, In Service to All.

Join us in answering the call to help others - give blood!

Blood Drive Laconia Community Leavitt Park House

Hall
334 Elm St.
Laconia, NH 03246

Thursday, January 26, 2023
1:00 p.m. to 6:00 p.m.

Sponsored by Knights of Columbus #428

Maximize your blood donation. Help more patients.

If you are an eligible type O, B - or A - donor, consider making a Power Red donation. Red blood cells are the most commonly transfused blood component.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: LACONIA to schedule an appointment.

Come give Jan. 1-31 and automatically be entered for a chance to win an exciting trip for you and a guest to Super Bowl LVII in Phoenix! Includes travel, hotel, \$500 gift card, pre-game activities and more! Terms apply; visit RedCrossBlood.org/SuperBowl.

Download the Blood Donor App | RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767

© 2018 The American Red Cross | 214201

A Celtic Christmas

Fiddle and Piano music from Cape Breton, Prince Edward Island, Quebec, Scotland, Ireland, Galicia, and Wales.



Unitarian Universalist Church of Laconia

7:00pm
December 18th, 2022

Join World-renown violinist Aniko Geladze and pianist Noelle Beaudin for a foot stomping evening of lively Christmas Fiddle and Piano music in the Celtic Tradition- Cape Breton, Prince Edward Island, Quebec, Scotland, Ireland, Galician and Welsh tunes. Enjoy Christmas music the way it used to be - uplifting and celebratory! At intermission choose from hundreds of homemade cookies at the Christmas Cookie Walk; wine is also served.

Tickets are \$20 at the door Unitarian Universalist Church of Laconia

172 Pleasant Street, Laconia NH

Call (603) 524-6488 to order tickets



LACONIA SENIOR CENTER #603-524-7689

DECEMBER 2022 ACTIVITIES

Mon	Tue	Wed	Thu	Fri
			1 Coupon Exchange (10-11:30) Knitting & Sewing (10-12)	2 Bingo (10-12)
5 Decorate for Christmas (10-12) Manicures by Brenda (11-12:30) *By Appt.	6 Activities Meeting (10-11) MOW Christmas Prep (11-12) Chicken, Broccoli & Rice Casserole (11:30-12:30) *RSVP*	7 Bingo (10-12) Friendship Group Meeting (1:00-3:00)	8 Knitting & Sewing (10-12) Senior Comp. Meeting (12:30-2:30)	9 Bingo (10-12)
12 Coffee Social (9-11) Puzzle Exchange (10-11:30)	13 Christmas Crafts (10-11:30)	14 Bingo (10-12)	15 Hearing Clinic @ 10:15 Cream of Chicken w/ Rice Soup (11:30-12:30) *RSVP*	16 Bingo (10-12)
19 Hobby Art (10-11:30) MOW Projects (10-12)	20 BP Clinic @ 10:30 MOW Xmas (10-12) Tic-Tac Sleep (11-12) Hot Dogs & Beans (11:30-12:30) *RSVP	21 Bingo (10-12)	22 Knitting & Sewing (10-12) Holiday Dinner Pot Roast (11:30-12:30) *RSVP*	23 Bingo (10-12) Agency Closes at 12pm
26 Agency Closed No Delivery/Activities	27 Hot Chocolate Social (11-12)	28 Bingo (10-12)	29 Cards & Board Games (10-11:30)	30 Bingo (10-12)

Laconia Water Department

Prevention Is Better Than Reaction



Temperatures have been moderately warm for this time of the year but do not let this warm spell fool you and make you believe that pipes are not capable of freezing. Temperatures are falling below freezing at nights which would allow for the pipes to freeze. As always be cautious and double check that all the pipes are properly protected.

If the temperature inside a house gets below 32 degree Fahrenheit (0 degree Celsius) it's likely that the water supply pipes and the drain traps will freeze. When water freezes it expands 9 percent, and if there is no room for expansion it's possible that the pipe will develop a crack and eventually leak once the ice thaws out. Fixing a ruptured pipe can be expensive, but the damage from uncontrolled water leakage can easily reach into the thousands of dollars.



The majority of the calls received for frozen water pipes and water meters are a result of inadequate heating and cold air drafts where piping is located in the home. It is recommended that property owners check their property for these conditions and identify the location of their water meter and shutoff valve before an emergency.

The property owner is ultimately responsible for repairs to the piping within the home or building. The Water Department can replace frozen or damaged meters.

Customers will be charged for the cost of the replacement of the meter and service calls, as applicable. Your plumber can also replace a frozen meter.

If for any reason you cannot stop the flow of water from a frozen or broken pipe, call the Water Department's 24-hour emergency number at 603-524-0907.

City of Laconia

Laconia City Hall
45 Beacon St. East
Laconia, NH 03246
www.laconianh.gov
info@laconianh.gov



CITY HALL HOURS:
8:30 am to 4:30 pm
Monday through Friday
(603) 527-1270

SENIOR RESOURCES

ServiceLink Resource Center
(603) 528-6945 is the first number
to call for senior services.

Six Tips To Help Prevent Falls

More than one in four people age 65 years or older fall each year,
yet many falls can be prevented.

Talk with your health
care provider about
medication side effects

Make your home safer by using
night lights, installing grab
bars in the bathroom, and
securing carpet to the floors

Stand up slowly to
avoid dizziness

Do strength and
balance exercises

Get your vision and
hearing checked regularly

Use a cane or walker if
you need more stability

Learn more about reducing your risk of falling at www.nia.nih.gov/falls-prevention.



City Meetings

Week of:
Dec. 12 - 16, 2022

Public participation and citizen input is a vital part of City government. Below is a list of meetings scheduled for the upcoming week. As agendas become available they will be posted on the City's [website](http://www.laconianh.gov). Also, printed copies of any agenda are available in the City department in charge of a particular Board or Commission. You are invited and encouraged to participate in any of our public meetings. **All meetings are open to the public and are held at Laconia City Hall, unless otherwise noted:**

Laconia Human Relations Committee

December 12, 2022, 3:30 pm
Agenda

Laconia City Council

December 12, 2022, 7:00 pm
Agenda

Heritage Commission

December 14, 2022, 5:00 pm

Laconia Airport Authority

December 15, 2022, 4:00 pm



CITY OF LACONIA PHONE DIRECTORY

(All phone numbers below
must be preceded by 603)

Airport	524-5003
Airport Manager - Marv Everson	
Assessing	527-1268
Assistant Assessor - Tara Baker	
City Clerk	527-1265
City Clerk - Katie Gargano	
City Manager	527-1270
City Manager - Kirk Beattie	
Code Enforcement	527-1293
Planning & Zoning Dir. - Dean Trefethen	
Conservation	527-1264
Conservation Technician Taylor Daigle	
Finance	524-3877
Finance Director - Glenn Smith	
Licensing	528-6331
Licensing - Hilary Young	
Planning & Comm. Dev.	527-1264
Planning & Zoning Dir. - Dean Trefethen	
Fire Dept. (Central Station) ...	524-6881
Fire Chief - Tim Joubert	
Fire Dept. (Weirs Station)	366-2229
Library	524-4775
Library Director - Deann Hunter	
Parks & Recreation	524-5046
Parks & Rec. Director - Amy Lovisek	
Personnel	524-3877
Personnel Administrator - Lindsey Allen	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
Police Chief - Matthew Canfield	
Public Works (Main Office)	528-6379
Public Works (Transfer Station) ..	528-5822
Public Works Director - Wes Anderson	
Tax	527-1269
Tax Collector - Katie Gargano	
Water	524-0901
Superintendent - Ben Crawford	
Welfare	527-1267
Welfare Technician - Cathy Raymond	

City Council Contact Info:

Mayor Andrew Hosmer	496-2078
Bruce Cheney (Ward 1)	491-8946
Robert Soucy (Ward 2)	524-7054
Henry Lipman (Ward 3)	528-0191
Mark Haynes (Ward 4)	524-3605
Robert Hamel (Ward 5)	524-6360
Tony Felch (Ward 6)	998-1418

General Council E-mail:
citycouncil@laconianh.gov

Visit the City's website at:
www.laconianh.gov