



## Laconia Links

February 24, 2017 - Edition #276

See pages 2 and 11 for some fun vacation week activities planned at the Library and Community Center!

## Recycling Update

**2 Week Total - January 30, 2017 - February 10, 2017**

Fiscal YTD Recyclables Collected = 940.09		Savings to Taxpayers Fiscal YTD * (@ \$150/ton) = \$141,013.50		Lost Opportunity Dollars Fiscal YTD = \$37,639.50	
Route	Total Tons Collected (MSW + Recycling)	Total Tons Recyclables	Percent Recycled	Tonnage Required to Reach 30% Target	2 Week Lost Savings By Not Reaching Target
Remote Sites		20.34			
Monday	20.11	4.38	21.8%	6.03	\$247.50
Tuesday	35.83	9.50	26.5%	10.75	\$187.50
Wednesday	37.80	8.22	21.7%	11.34	\$468.00
Thursday	30.94	6.24	20.2%	9.28	\$456.00
Friday	28.03	4.75	16.9%	8.41	\$549.00
	Total = 152.71	Total = 33.09	Curbside Ave = 21.7%	Total = 45.81	Total = \$1,908.00
*Fiscal Year to Date: 7/1/16 - present			Prior 2 Weeks = 23.3%	Recycling Saves \$\$	

**Welcome to Laconia Links** a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at [info@laconianh.gov](mailto:info@laconianh.gov)

*We look forward to keeping you up to date on our beautiful City!*



## City Manager Updates

The following update has now been posted to the City's website to keep you up-to-date and informed on what's happening in your City!

Be sure to check out the [Project Updates](#) report which provides a concise update of projects in the community.

In this report you will find everything from road projects to the latest information on the Master Plan update.



Contact the City Mgr's office at 527-1270, or [info@laconianh.gov](mailto:info@laconianh.gov)

## **Laconia Public Library** **Upcoming Events.....**



**Kids' Crochet Part I**  
**Monday, Feb. 27**  
**@ 5:00 pm**  
**Selig Storytime Room**

Learn to crochet one of two winter items.  
Sign-up is required, limited enrollment. All supplies will be provided.

**Adult Magnet Craft**  
**Monday, February 27**  
**@ 6:00 pm**  
**Laconia Rotary Hall**

Create fun and fabulous magnets!  
This program is free, and all materials will be provided.  
Sign-up is required.



## **School Vacation Week!**



**Teen Gaming!**  
**March 2 @ 2pm - 4pm**  
**Laconia Rotary Hall**

*Need something to do for a few hours over vacation?*

Why not come to the Laconia Public Library for an afternoon of gaming? Teens will have the opportunity to play video games on the PS4, board games, card games and more. This program is free and open to students 12+. Snacks will be provided.

### ***Tween Winter Vacation***

**Craft!** We're making Paracord Bracelets on Thursday, March 2 at 10am. Join us in Laconia Rotary Hall. Use parachute cord to make popular bracelets for yourself or a friend! Ages 8-12. Sign up required.



# **Upcoming Meetings...**

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Click on a specific meeting for more information.

Please check the "Calendar" page often for updated info and changes.



**Meeting  
in  
Progress**

***Please see below for  
meetings scheduled  
for the week of  
February 27—March 3, 2017:***

### **City Council**

February 27, 2017, 7:00 pm  
City Hall, Room 200A

[Agenda](#)

### **Special Events Review**

**Committee/Licensing Bd.**

February 28, 2017, 12:00 noon  
City Hall, Room 200A

### **Conservation Commission**

March 1, 2017, 6:00 pm  
City Hall, Room 200A

***Become involved in your City  
and make a difference!***

# Laconia Pride

## Laconia School District

Ensuring success with every student, every day, in every way

FRIDAY, FEBRUARY 24, 2017

### Elm Street School

On Friday, February 17<sup>th</sup>, Elm Street School Students had the opportunity to see the 88<sup>th</sup> Laconia World Championship Sled Dog Derby!



#### Sled Dogs

By Alexis Wilson

Grade 4 at Elms Street School

Surrounded by air  
squinting  
quiet talk  
one great long breath  
as the race starts  
the dogs start darting  
like an arrow  
dipped and swished  
silent in the air  
a warm, furry heap  
of snow that shimmers and  
sparkles  
the wind grows bolder as  
the crowds cheer  
an icy hand was palm-down  
on my back  
like a snowball was thrown  
the experience  
precious as gold

#### Dog Sled Races

By Aliyah Patten

Grade 4 at Elm Street School

Snow as fresh as dew,  
whiter than the milk in  
a cereal bowl  
Dogs waltzing through the  
powdered air as the wind  
whirled the falling snowflakes  
You have to squinch your eyes  
as they pass to not get snow in  
them  
dog sled races



Watch the latest Tiny House Project video [here](#).

### Laconia Middle School

#### Congratulation LMS Mathletes!

The Math Counts Competition was held at Plymouth State University on Saturday, February 4<sup>th</sup> where nine middle schools from the Lakes Region area competed in a team and as individuals. The Laconia Middle School Team placed second overall.



**Back (L to R):** Jamie Collins, Taylor Hough, Robert Clay, Keagan Moore, Ryan Whitton, and Jordan Rock

**Front (L to R):** Camden Harriman, Sullivan Mosseau, Riyasha Guatam, Ella Muller, Madison Brooks, and Evan Rollins.

### Woodland Heights School

#### 4th grader to compete is State Spelling Bee!

Congratulations, Jackson Mitchell! Jackson is a 4<sup>th</sup> grade student in Mrs. Bergman's class at Woodland Heights School and the first place winner of this year's WHS Spelling Bee! The next stop for Jackson is the State Spelling Bee in Concord on Saturday, February 25<sup>th</sup>! Good luck, Jackson!







Shout Out to All



## LHS ALUMNI



Let's "Adopt-a-Room"  
at Belknap House,  
Seasonal Homeless Shelter for Families

Suggested donation - your year of graduation in dollars and cents

(\$19.83, \$20.15, etc.), or ANY amount

Total raised will determine which room we adopt. Goal of \$600+

Send donations to "Sachems1983@gmail.com" at Paypal.com

or mail checks payable to Belknap House to 200 Court St. Laconia, NH 03246

~ Let's pitch in to make a lasting difference in our community! ~

Contact [lynnkeltz@yahoo.com](mailto:lynnkeltz@yahoo.com) or text Lynn at 978 973 8693 with questions

2nd Annual  
**Mardi Gras UNLEASHED**  
An Evening of Food, Wine, and the Music of Mardi Gras!  
To benefit the NH Humane Society  
**FEBRUARY 28**  
6:00PM-8:30PM  
A Feast of  
Cajun Cuisine  
& Wine Pairings  
Vegetarian • Vegan • Gluten Free Options Available • Full Bar Open  
LIVE NEW ORLEANS JAZZ WITH  
**Jim Tyrrell**  
**Tickets:**  
LIMITED TICKETS AVAILABLE  
\$54 In Advance  
(Last Year we Sold out!!)  
\$63 at the Door (if available)  
Tickets available online or at Tavern 27  
Tickets are NON-Refundable  
Does NOT include  
Tax or Gratuity  
**King Cake**  
Party Favors  
Scavenger Hunt • Prizes  
Festive Attire Encouraged!!  
**tavern 27**  
2075 PARADE RD • 603.528.3057 • TAVERN27.COM  
\*Please Carpool-Parking is limited

## 10th Annual Robbie Mills Memorial



To Benefit:



BOYS & GIRLS CLUB  
of the Lakes Region

&



**Saturday March 11<sup>th</sup>**

(Major Snow date March 12th)

at **Laconia Rod & Gun Club**  
358 South Main Street

\$25.00 PP Donation includes: Practice, Lunch & entry for door prizes

Pre-Pay by March 1<sup>st</sup> and receive a free T-Shirt

Doors open @ 9:30am (Pay \$30.00 after 10:30)

Tournament starts Promptly at 11:00am

Double Elimination - BCA Rules apply

Sponsor a player: If you can't play, Pay for a player that can't afford it!

- 1 Trophies
- 2 Cash Prizes
- 3 Food
- 4 Raffles
- 5 50/50
- 6 Live Auction

Sponsored by



Pre-Pay at [www.robbiemills.org](http://www.robbiemills.org)

for information

Contact Tony Felch 998-1418

Or Mike Baron 528-5001 or on

Robbie Mills website at [www.robbiemills.org](http://www.robbiemills.org)



LAKES  
REGION  
SYMPHONY  
ORCHESTRA

**DVORAK**

SYMPHONY No. 9 "FROM THE NEW WORLD"

**MOZART**

SINFONIA CONCERTANTE

FEATURING MARGARET HOPKINS & SALLY WITUSZYNSKI

**PIOTROWSKI**

ANISHINAABEG RHAPSODY

**ELGAR**

NIMROD FROM ENIGMA VARIATIONS

**SATURDAY MARCH 18, 7:30PM**

**INTER-LAKES AUDITORIUM**

**MEREDITH, NH**

# Nurturing Skills for Families

**THURSDAY MORNINGS – 11:00AM TO 1:00PM OR THURSDAY EVENINGS – 6:00 TO 8:00 PM**

**Four 5-6 week modules, plus a one-time orientation**



Module dates:	Module Focus
<b>Jan 5, 2017 (Orientation)</b> Jan 12 Jan 19 Jan 26 Feb 2 Feb 9 Feb 16	<b>Developing Personal Power &amp; Keeping Kids Safe</b> Learn <b>THIS MODULE COMPLETED</b> and examining ways that keep all members of the family safe and healthy. (6 week module)
<b>March 9, 2017 (Orientation)</b> March 16 March 23 March 30 April 6 April 13	<b>Understanding Children's Growth &amp; Development</b> Overview of children's growth and development; understanding the importance of nurturing, predictable family routines. (5 week module)
<b>May 4, 2017 (Orientation)</b> May 11 May 18 May 25 June 1 June 8	<b>Developing Empathy &amp; Self-Awareness</b> The importance of empathy and techniques for managing feelings anger and stress. (5 week module)
Fall 2017	<b>Positive Discipline Practices &amp; Techniques</b> Discipline is based on respect, empowerment, caring and cooperation. Learn the power of nonviolent discipline practices and techniques. (5 week module)



**Attend one module or all 4! You can start with any module and still complete the series.**

**Choose day or evening classes!**

**Thursdays 11:00am-1:00pm, lunch included OR Thursdays 6:00-8:00pm, dinner served at 5:30.**

**Participation is free. Satisfies court-mandated parenting class requirements.**

**Limited on-site childcare and assistance with transportation available upon request.**

**Orientation, pre-assessment & post-assessment surveys are part of the series.**

**To register: Contact Tricia T. at 528-0391 or email [tricia.tousignant@lrcs.org](mailto:tricia.tousignant@lrcs.org)**





# Laconia Police Department

[Link to  
Laconia  
PD here](#)



Chief Adams awarded a letter of commendation to First Responders and a young boy, whose actions helped save his father's life after he suffered a medical emergency. Bryson Reed dialed E-911 after observing his father in distress, and he provided crucial information to the dispatcher and responding units.

All five recipients, especially Bryson, were worthy of recognition for saving a life. Pictured (left to right) are Chief Adams, Bryson Reed, Dispatcher Lisa Boone, Sergeant Rob Cameron, Paramedic Nathan Mills and Advanced Emergency Medical Technician Dennis Comeau.

## Assessing

[Click](#) for Assessing  
Department



The abatement filing period is now open until March 1st. This is the process by which taxpayers can dispute their final 2016 value.

Applications for abatement are available in our office or can be mailed upon request, by calling 527-1268.

We always recommend owners get a copy of their Property Record Card to verify its accuracy and confirm if any changes have been made.

Please call the Assessing Office at  
527-1268 with questions.

## Spaghetti Dinner Fundraiser

To benefit Local Eagle Scout Project  
of Steven Poliquin

**When:** Saturday February 25<sup>th</sup>

4:30-7 pm

**Where:** Sacred Heart Gym, Laconia

### Cost:

- \$7/per person
- \$25 for a family of 4
- children under 5 free

### Includes:

- spaghetti
- breadstick
- salad
- dessert
- drinks



**Project Benefiting Laconia Little  
League**



The next recycling collection  
week begins March 6th, 2017!

## Recycling Made Easy

## Reminder!



# Maple Sugar Madness!

Family programs at Prescott Farm

Saturdays, March 4-25, 2017

1 ½ hour programs—10:00, 11:00, 12:00, 1:00 or 2:00

## Join us

to experience an old-fashioned New England tradition — making maple syrup!

From tapping a tree to tasting delicious maple syrup, you will have hands-on participation in every step of the syrup making process. Our environmental educators will help you to build tree ID skills and learn the parts of a tree and their functions, use measuring tools to find an appropriate tree to tap, use historical and modern tree tapping tools, learn the history of maple sugaring including Native American legends, and discover the math and chemical/physical science in the boiling process.

The program involves a 20 minute walk to our Sugar House—please note that you will be hiking back up hill after the program. Please wear boots and dress appropriately for the weather. Snowshoes will be provided as needed—bring your own if you have them!



\$10 (\$8 Members of Prescott Farm)/person with pre-registration; \$12/person at the door

***Register online today and SAVE or call 603-366-5695 to save your spot!***

*Prescott Farm*  
Environmental Education Center

*"Through preservation and education, Prescott Farm celebrates the interconnections between our community and the natural systems that sustain us all."*

928 White Oaks Road, Laconia, NH 03246 · (603) 366-5695 · Fax: (603) 366-5720 · [info@prescottfarm.org](mailto:info@prescottfarm.org)  
[www.prescottfarm.org](http://www.prescottfarm.org)

## Public Works Department

**PLEASE HELP SAVE THE SEWER SYSTEM**  
*Your assistance is greatly appreciated!*

All Laconia households play a vital role in preventing neighborhood sewer system blockages. Please do your part to protect and maintain the City's significant investment in the sanitary sewer collection system. Click [here](#) to find out what is not allowed to be disposed of in the toilet or down the drain, and the proper way to dispose of such items. Questions? Please call Matt Mooney, DPW, at 528-6379, Extension 303.



# Winter Programs

at Prescott Farm

## Snowshoe Strolls

Saturdays in February; 10-11:30am or 12:30-2:00 pm;  
\$10/person (\$8/person Members)/person with pre-  
registration; \$12 at the door

A winter adventure awaits! Whether you are experienced at snowshoeing or just beginning, join us for a refreshing walk and exploration of the winter landscape of Prescott Farm. Please wear boots and dress appropriately for the weather. Snowshoes will be available if you don't already have your own.



*Prescott*  *Farm*  
Environmental Education Center

"Through preservation and education, Prescott Farm celebrates the interconnections between our community and the natural systems that sustain us all."

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[www.prescottfarm.org](http://www.prescottfarm.org)



## *New Hampshire Dam Bureau Lecture March 8th*



Nancy Baillargeon, Program Information Officer for the Bureau, will share historic information and photographs about local dams and the DES Program at Taylor Community's Woodside Building, Wednesday, March 8th at 6:30 p.m. The event is free and open to the public.

The Department of Environmental Services Dam Bureau regulates the repair, reconstruction, maintenance and operation of existing dams. It also reviews design plans and issues decisions for the construction, operation and maintenance of new dams.



The Dam Bureau is also responsible for regulating the retention and/or release of stored water to support a variety of uses for both public and private purposes.





# Laconia Fire Department

Important  
Message from  
the Laconia  
Fire Dept.



On Tuesday, February 21, 2017 at 10:05 am the fire alarm sounded at Genesis. Laconia and Weirs firefighters responded to the Genesis facility at 175 Blueberry Lane. On the scene, a staff worker advised the Lieutenant that there was a fire in a chair. The fire crews went in to investigate and found a chair in a patient's room with a burn hole in the chair back. The cause of the fire? The sun's rays!

There was a make-up style mirror on the windowsill. The sun was shining brightly and coming through the window and hitting the mirror. The rays from the mirror were directly on the chair back and started the fire. Someone saw the fire and pulled the fire alarm. There was minimal disruption at the facility and everyone did a great job keeping the incident under control. This will go down as one of the most unusual causes of a fire in recent memory!



## Upcoming Dates for Laconia Little League's 2017 Season

Come warm-up with Laconia Little League before our 66<sup>th</sup> Season!

Winter Warm-ups:	Saturday,	February 18	3 – 5 PM	Laconia Middle School
School	Saturday,	March 11	4 – 6 PM	Laconia Middle
In-Person Registration:	Thursday,	March 2	6-7:30 PM	Funspot - Lower
Birthday Party Area	Friday,	March 17	6-7:30 PM	Leavitt Park -
Parkhouse				

**Who:** Boys and Girls who live or go to school in Laconia, Gilford, Belmont, Gilmanton, Bristol, New Hampton, and Meredith

**Ages:** League age 5-12 – This includes boys and girls born on or before August 31, 2012.

**Cost:** FREE – no commitments!

**What to bring?** Please bring indoor shoes (no cleats, no boots or wet shoes), a glove, water to drink, and lots of energy for the winter warm-ups. For registration of first time players bring a copy of a birth certificate and either 3 proofs of residency or 1 form of school enrollment (last report card or letter from school)

**Can parents help?** Laconia Little League welcomes potential coaches to lend a hand during the Winter Workouts, as well during the season.

Mark your calendars with these dates and times!

**Current Players – Online registrations are now open!!** Visit our website: [www.LaconiaLL.org](http://www.LaconiaLL.org) to register online!

If you have any questions, please email Laconia Little League at [LaconiaNHLL@gmail.com](mailto:LaconiaNHLL@gmail.com)

# Youth Mental Health First Aid

An 8-hour certification course for caring adults who want to help youth (ages 12-18) who may be in crisis or experiencing a mental health challenge.



The course is designed for adults who regularly interact with adolescents (teachers, school staff, coaches, youth group leaders, parents, bus drivers, etc.). In January 2013, President Obama recommended Youth Mental Health Training for all. The core Mental Health First Aid course has been successfully offered to more than 100,000 people across the USA, including hospital staff, employers and business leaders, faith communities, law enforcement, and the general public. Below are the two trainings that are available.

DATE	TIME	LOCATION	TARGET AUDIENCE
Monday, February 27	8:00 - 4:00pm	SAU Board Room 39 Harvard Street	Community Members Other School Districts Staff Laconia School District Staff
Tuesday, February 28	8:00 - 4:00pm	SAU Board Room 39 Harvard Street	Community Members Other School Districts Staff Laconia School District Staff

## WHAT WILL PARTICIPANTS LEARN?

The course teaches participants the risk factors and warning signs of a variety of mental health challenges common among adolescents, including anxiety, depression, psychosis, eating disorders, AD/HD, disruptive behavior disorders, and substance use disorder. Participants do not learn to diagnose, nor how to provide any therapy or counseling – rather, participants learn to support a youth developing signs and symptoms of a mental illness or in an emotional crisis by applying a core five-step action plan:

- ~Assess for risk of suicide or harm
- ~Listen nonjudgmentally
- ~Give reassurance and information
- ~Encourage appropriate professional help
- ~Encourage self-help and other support strategies

The Youth Mental Health First Aid USA curriculum is primarily focused on information participants can use to help adolescents and transition-age youth, ages 12-18.



Laconia School District  
**Office of  
School  
Wellness**

To enroll please email Janet Brough @  
[jbrough@laconiaschools.org](mailto:jbrough@laconiaschools.org)



# Laconia Parks & Recreation

## February Vacation Activities



Due to this unseasonably warm and rainy weather we have been forced to make some last minute decisions in regards to our outdoor activities this coming school vacation week.

Unfortunately, our scheduled ice skating party has been cancelled due to poor ice conditions.

We are still holding out hope for our sledding hill to have a sled-ding party. We will wait until Tuesday morning (February 28th) to determine the conditions of the hill for the Cardboard Sled Race. We apologize for this, but Mother Nature has been kind in some regards and unkind in others.

The following are Laconia Parks & Recreation activities being held during the week of February vacation:

Monday, February 27 Middle School Basketball Time from 1 – 4:15

Monday, February 27 Sledding Party at the Laconia Sledding Hill from 2 – 4 (*see above*)

Tuesday, February 28 Middle School Basketball Time from 1 – 4:15

Wednesday, March 1 Elementary Open Gym from 1 – 4:15

Thursday, March 2 High School Basketball Time from 1 – 4:15

Thursday, March 2 Cardboard Sled Race starting at 2 (*see above*). This race must be registered for no later than Tuesday, February 28 at 4:30.

We will decide whether to host this event (weather depending) on Tuesday and will issue a press release on Wednesday.

Friday, March 3 Remote Airplane flying from 10:00 – 12:00.

Fee of \$2.00 per person. Bring your own R/C airplane.

Friday, March 3 High School Basketball Time from 1:00 – 4:15.

For any questions call 524-5046. We suggest you call ahead to ask if the outside event you are interested in is happening.



## Have an awesome vacation!!



## *Musical Entertainment by Horizon March 6 at Taylor Community*



Returning to Taylor Community by popular demand, John and Johanna Byerley bring their melodious sounds to the Woodside Building on March 6 at 6:30 p.m. The event is free and open to the public.

The Byerleys – better known as Horizon – have been entertaining together all around New England for the past 27 years. Their performances offer a wide range of musical selections including Blue Skies, Stormy Weather, What a Wonderful World, Twist and Shout and Unforgettable.

With lovely vocals and wonderful guitar work, this talented duo will have everyone smiling and singing along.



## **NH Humane Society**

Over a century of love for those without a voice.

## ***Pet of the Week: Peter***

Peter, a handsome black and white feline has travelled a little due to the trials and tribulations of his human owners. Originally an apartment cat, much loved, his first owner was unable to care for him. He arrived at NHHS in 2012.

We adopted him to a family a short while later; now three years later, he has returned to us again since he wasn't part of the relocation plans of his second owner.

Both homes loved him, cared for him, and ultimately did the right thing by bringing him to NHHS. Our deep and abiding hope is he is not now trapped in a kitty version of "Hotel California".... he's checked out twice but has yet to really leave.



Could his third home be the final one, committed to him for the rest of his life? Peter is sweet as can be, loves to tuck himself in under his blankets, enjoys cuddling once he knows you, and this time, please this time, let him find a permanent home. He's declawed, so an indoor home is absolutely a pre-requisite for his next adoption.

Check [www.nhhumane.org](http://www.nhhumane.org) for more details.



# TILTON SCHOOL & TILTON-NORTHFIELD ROTARY CLUB PRESENTS: "Bridges Out of Poverty" An Introductory Workshop



## TILTON SCHOOL



## THURSDAY, MARCH 9, 2017 | 3:00PM - 5:00PM

THE TILTON SCHOOL, DAVIS LECTURE HALL | 30 TILTON SCHOOL STREET | TILTON | NH



**Presenter: Prudence Pease**  
*Working Bridges Resource  
Coordinator, Granite United Way*

### ABOUT BRIDGES OUT OF POVERTY

This workshop is designed to introduce the "Bridges Out of Poverty" constructs and challenge us to think about how they effect and influence our individual lives and the work we do every day.

The training provides service providers, teachers, business owners, first responders and community members' key lessons in working with individuals experiencing poverty.

Time will be given during the workshop to think about changes that can be made to break down barriers that are sustaining poverty within an agency, organization, and community. Participants will learn more about: mental models, hidden rules, language experience and resources.

### ABOUT PRUDENCE PEASE

Prudence Pease, the Working Bridges Resource Coordinator for Granite United Way has created a career dedicated to advancing the lives of others in her community. She is a certified Bridges Out of Poverty facilitator and has trained more than 5,000 individuals in Bridges work, including human service providers, HR professionals, and employers. Prudence is a graduate of the Vermont Leadership Institute. She is a highly sought-after speaker and currently employed by Granite United Way working as a Resource Coordinator to bring "Bridges" resources to the Upper Valley.

Kindly RSVP to Kevin Conway,  
Granite United Way Resource Development Manager,  
at [kevin.conway@graniteuw.org](mailto:kevin.conway@graniteuw.org) OR 603.524.6864, ext. 1.

# The Parenting Journey

*Come join us in a unique parenting journey  
of self-discovery.*



Within a supportive environment and over a warm dinner,  
parents will:



- ❖ Participate in a twelve-week, self-reflective and nurturing program
- ❖ Reflect back on childhood experiences to gain an understanding of how it may be impacting current parenting and life choices
- ❖ Learn to forgive yourself and others and let go of things that may be getting in the way of reaching goals
- ❖ Set personal and family goals that will decrease stress and increase positive relationships at home
- ❖ Identify parenting as love, nurturing, protection and teaching

## **Next Parenting Journey begins:**

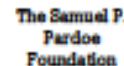
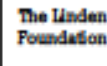
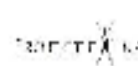
**March 7, 2017**

**From 5:30-8:00 pm**

**At the Family Resource Center of Central New Hampshire  
719 No. Main Street Laconia, NH 03246**

**Contact Tricia T. for more information or to register at  
528-0391 or [tricia.tousignant@lrcs.org](mailto:tricia.tousignant@lrcs.org)**

**Dinner provided. Limited childcare & transportation assistance available upon  
request.**







Don't forget !  
ServiceLink  
Resource Center  
(1-866-634-9412 or  
528-6945)....it's the first  
number to call for  
senior services.



## New Hampshire Legal Advice Line

This program is available  
to New Hampshire  
residents over the age of  
60 free of charge.

The number to call for this service is 624-6000.  
Senior Legal Advice Line brochures are also  
available at the Senior Center.

*Laconia Senior Center is located at  
17 Church Street in Laconia.  
Questions? Call 524-7689*

*We hope you have enjoyed this  
Edition of **Laconia Links***

*We welcome your input, comments  
and suggestions!*

Feel free to contact us at the  
City Manager's office, 527-1270,  
or by e-mail at [info@laconianh.gov](mailto:info@laconianh.gov)

*Have a great weekend!*

Scott Myers,  
City Manager  
City's Website:  
[www.laconianh.gov](http://www.laconianh.gov)



## CITY OF LACONIA PHONE DIRECTORY

Airport .....	524-5003
<i>Airport Manager: Marv Everson</i>	
Assessing .....	527-1268
<i>Assessor - Deb Derrick</i>	
City Clerk.....	527-1265
<i>City Clerk - Mary Reynolds</i>	
City Manager .....	527-1270
<i>City Manager - Scott Myers</i>	
Code Enforcement.....	527-1293
<i>Planning &amp; Zoning Dir. - Dean Trefethen</i>	
Conservation .....	527-1264
<i>Conservation Technician - Evan Rathburn</i>	
Finance .....	524-3877
<i>Finance Director - Donna Woodaman</i>	
Licensing .....	528-6331
<i>Licensing Clerk - Cheryl Hebert</i>	
Planning & Comm. Dev. ....	527-1264
<i>Planning &amp; Zoning Dir. - Dean Trefethen</i>	
Tax .....	527-1269
<i>Tax Collector - Lindsey Allen</i>	
Fire Dept. (Central Station) ....	524-6881
Fire Dept. (Weirs Station) .....	366-2229
<i>Fire Chief - Ken Erickson</i>	
Library .....	524-4775
<i>Library Director - Randy Brough</i>	
Parks & Recreation.....	524-5046
<i>Parks &amp; Rec. Director - Kevin Dunleavy</i>	
Personnel .....	524-3877
<i>Personnel Administrator - Paula Baumel</i>	
Police (Administration) .....	524-5257
Police (Crime Line) .....	524-1717
<i>Police Chief - Christopher Adams</i>	
Public Works (Main Office) .....	528-6379
Public Works (Transfer Station) ..	528-5822
<i>Public Works Director - Wes Anderson</i>	
Water.....	524-0901
<i>Superintendent - Seth Nuttelman</i>	
Welfare.....	527-1267
<i>Welfare Specialist - Suzi McCormack</i>	
<i>Welfare Director - Donna Woodaman</i>	

### **City Council Contact Info:**

Mayor Edward Engler .....	630-4484
Ava Doyle (Ward 1) .....	393-6533
David Bownes (Ward 2) .....	524-4330
Henry Lipman (Ward 3) .....	528-0191
Brenda Baer (Ward 4) .....	524-6349
Robert Hamel (Ward 5) .....	524-6360
Armand Bolduc (Ward 6).....	524-2514

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